Effect of Feed and Feeding Strategies on Oocytes Development in *Labeo rohita*: A Histomorphological Study

Ashfauq Farooq Aga1*, Asha Dhawan1, Neelam Bansal2 and Devendra Pathak2

1Department of Aquaculture, College of Fisheries, GADVASU, Ludhiana, INDIA
2Department of Veterinary Anatomy, COVS, GADVASU, Ludhiana, INDIA

*Corresponding author: AF Aga; Email: agaashfaq@gmail.com

Received: 07 Aug., 2016 Revised: 18 Dec., 2016 Accepted: 05 Jan., 2016

ABSTRACT

The present study was conducted to study the effect of different diets and feeding strategies on the development of oocytes during the pre spawning and post spawning period in *Labeo rohita*. The study showed the presence of oocytes in different developmental stages viz., primary growth phase, secondary growth phase, maturation phase, post ovulatory phase and atretic oocytes during both pre spawning and post spawning period. The primary growth phase comprised of oogonia stage, chromatin nucleolus stage, early perinucleolar stage and late perinucleolar stage, whereas, the secondary growth phase was differentiated as cortical alveolus stage, early vitellogenic stage and late vitellogenic stage, and early and late types of atresia. The percentage occurrence (92-28 %) of these different stages varied during pre spawning and post spawning period respectively. The study revealed that (65%) of the oocytes were in the vitellogenic and maturation phases during pre spawning period, while as perinuclear stage and atretic oocytes (27.6%) were seen during post spawning period. All the developmental stages showed more active oocytes in the ovaries of fish fed with vitamins and minerals indicating that diet influences the reproductive efficiency of the fish.

Keywords: Feeding strategies, histology, *Labeo rohita*, Oocytes, Ovary

The reproductive potential of fish is influenced by the ecological and nutritional factors. In fish oogenesis starts from proliferation of oogonia to form mature oocytes ultimately leading to ovulation. During this process, the stages of development, starting from oogonia upto the maturation, due to the accumulation of yolk granules which are formed under the influence of steroid hormones testosterone (T), estradiol (E2) and progesterone (P). Studies have been conducted on the histology of ovary of Sand whiting fish (Jayasankar and Alagarswami, 1994), Dusky grouper (Mandich et al., 2002), Yellowfin seabream (Abou–Seedo et al., 2003), Twait shad (Pina et al., 2003), the Sword fish (Corriero et al., 2004), Zebra fish (Deniz Koc et al., 2008) and Nile tilapia (El-Saba et al., 2013), but scanty information is available on the ovarian histology of *Labeo rohita* (Lone and Hussain, 2009). So the present study was taken up to establish the impact of different feeds and feeding strategies on the developmental stages of oocytes in *Labeo rohita* during its pre spawning and post spawning periods.

MATERIALS AND METHODS

The present study was conducted at College of fisheries, GADVASU, Ludhiana. The experimental trial comprised of eight treatments (T1 to T8) with three variables viz. two supplementary feeds (D1 and D2), two feeding rates (R1 and R2) and two feeding frequencies (F1 and F2). The detail of the diets and treatments is given in table 1 and 2. The experiment was carried out in 80 m2 outdoor cemented tanks with 7.62-8.89 cm water level. Soil layer (12.7 cm) was spread at the bottom of each tank to boost the detritus food chain. All the tanks were manured with cow dung @ 160 kg tank⁻¹ year⁻¹. Bore well water was used to fill the experimental tanks.

Stocking of fish

Each tank was stocked with *Labeo rohita* yearlings @ 1,000 kg ha⁻¹ with an average total body length of 25-35 cm and body weight of 450-500g. in the month of April, 2014. The mature male and female fishes were differentiated...
on the basis of size and weight (as females are usually larger in size), smoothness of pectoral fin in female fish, with soft and bulged abdomen and a swollen reddish vent in females (Thomas et al., 2003). All the treatments (T₁ to T₈) were carried out in duplicate. Fish were fed with dough everyday at fixed corners of the pond, throughout the culture period of eight months (April to November).

Observations were recorded during pre spawning and post spawning in the months of July and September respectively. The ovaries were collected and fixed in 10% neutral buffered formalin (10% NBF). The tissue samples were processed as per routine acetone benzene technique (Luna, 1968). The paraffin blocks were prepared, sections of 5 µm thickness were obtained on clean glass slides and these sections were stained with hematoxylin and eosin and periodic acid Schiff stains for detailed histological studies. The observations were recorded and the required photomicrographs were taken with the Nikon microscope with digital camera.

Table 1: Percent composition of experimental diets

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Diet 1 (D₁)</th>
<th>Diet 2 (D₂)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rice bran</td>
<td>30</td>
<td>30</td>
</tr>
<tr>
<td>Groundnut oil cake</td>
<td>50</td>
<td>50</td>
</tr>
<tr>
<td>Fish meal</td>
<td>20</td>
<td>18</td>
</tr>
<tr>
<td>Vitamin-mineral mixture*</td>
<td>—</td>
<td>2</td>
</tr>
</tbody>
</table>

* Agrimin forte, Virbac Animal Health Pvt. Ltd, Mumbai, India. Composition: the nutritional value of vitamin mineral mixture per kg was: Vitamin A - 625000 IU; Vitamin D₃ - 62500 IU; Vitamin E - 250 mg; Nicotinamide - 1g; Copper - 312 mg; Cobalt - 45 mg; Iron – 1.5 g; Zinc – 2.13 g; Iodine - 156 mg; Selenium - 10 mg; Magnesium - 6 g; Manganese – 1.2 g; Potassium – 48.05 mg; Calcium – 247.34 g; Phosphorus – 114.66 g; Sulphur - 12.2 g

Table 2: Detail of different treatments

<table>
<thead>
<tr>
<th>Treatments</th>
<th>T₁</th>
<th>T₂</th>
<th>T₃</th>
<th>T₄</th>
<th>T₅</th>
<th>T₆</th>
<th>T₇</th>
<th>T₈</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diet</td>
<td>D₁</td>
<td>D₁</td>
<td>D₁</td>
<td>D₁</td>
<td>D₂</td>
<td>D₂</td>
<td>D₂</td>
<td>D₂</td>
</tr>
<tr>
<td>Feeding Rate (% BW)</td>
<td>3%</td>
<td>3%</td>
<td>4%</td>
<td>4%</td>
<td>3%</td>
<td>4%</td>
<td>4%</td>
<td>4%</td>
</tr>
<tr>
<td>Feeding frequency (per day)</td>
<td>Once</td>
<td>Twice</td>
<td>Once</td>
<td>Twice</td>
<td>Once</td>
<td>Twice</td>
<td>Once</td>
<td>Twice</td>
</tr>
</tbody>
</table>

RESULTS AND DISCUSSION

Based on the histomorphological observations, the different stages of Labeo rohita oocytes were seen in primary growth phase, secondary growth phase, maturation phase, post ovulatory phase and atretic oocytes. The primary growth phase included oogonia stage, chromatin nucleolus stage, early perinucleolar stage and late perinucleolar stage, whereas the secondary growth phase was subdivided into cortical alveolus stage, early vitellogenic stage and late vitellogenic stage. Two types of atresia was reported as early and late atresia. Similar classification of developmental stages in different fish species have already been described in Sand whiting fish (Jayasankar and Alagarswami, 1994), Dusky grouper (Mandich et al., 2002), Yellowfin seabream (Abou –Seedo et al., 2003), Twaithe shad (Pina et al., 2003), the Sword fish (Corriero et al., 2004), Zebra fish (Deniz Koc et al., 2008), Labeo rohita (Lone and Hussain, 2009) and Nile tilapia (El-Saba et al., 2013).

Primary Growth Stage

Oogonia stage

Oogonia were located as cluster of few cells present in interstitial tissue of ovigerous lamellae. These oogonia were roughly small, spherical cells having large basophilic nucleoli, with a prominent nucleolus and contained scanty ooplasm (Fig. 1). According to the previous theories, it is assumed that the oogonia may be derived from the germinal epithelial cells (Bara, 1960; Arruda, 1988) or transformed from the certain cells from the empty follicles of previous spawning (Yamamoto, 1956). More oogonia were found during pre spawning period in T₂ and the spent ovaries in T₄ and T₆, probably due to the effect of higher feeding frequency.
Types of oocytes in Labeo rohita fish

Fig. 1: Section of fish ovary in primary growth phase showing oogonia (Og), chromatin nuclear (CN) and perinucleolar stage (PN). [H&E, 40×]

Chromatin nucleolus stage

The nucleus was mostly Oocytes of this stage were small rounded cells with large nucleus and thin cytoplasm (Fig. 1), lightly stained and acentric in position. The darkly stained nucleoli were distributed throughout the nucleolus. The ooplasm was homogenous and darkly stained showing basophilic reaction. Similar findings have been reported in the ovaries of Sand whiting fish (Jayasankar and Alagarswami, 1994), Dusky grouper (Mandich et al., 2002), Yellowfin seabream (Abou –Seedo et al., 2003), the Sword fish (Corriero et al., 2004), Zebra fish (Deniz Koc et al., 2008) and Nile tilapia (El-Saba et al., 2013). This stage was found to be more during pre spawning period in T4 and in the spent ovaries in T8 treatments. This may be due to improvement in ova diameter due to highest feeding rate(4% B W) and feeding frequency (twice a day).

Early perinucleolar stage

In this stage, the ooplasm was comparatively less basophilic, whereas the nucleus was large rounded in shape with number of small nucleoli at its periphery. The nucleoplasm appeared to be granular due to dispersion of chromatin material throughout nucleolus. The ooplasm were divided into inner dense and deeply basophilic zone and outer less dense and slightly basophilic zone (Fig. 2A). A basophilic rounded mass appeared just at nuclear region in the ooplasm called as Balbiani body or yolk nucleus (Fig. 2B) that moved towards periphery in larger oocytes. The size of the Balbiani body increased with the size of the oocyte. Appearance of Balbiani’s body, may be considered as a centre for the biogenesis of cell organelles (Coello and Grim, 1990). Similar structure has also been reported in the oocytes of Twaite shad (Pina et al., 2003), the Sword fish (Corriero et al., 2004), Zebra fish (Deniz Koc et al., 2008) and Nile tilapia (El-Saba et al., 2013). According to Guraya (1986), it is composed of a yolk nucleus and the pallial substance. A flattened follicular layer around the oocyte were also differentiated at this stage. The oocyte at this stage may be referred as resting stage, as described by Forberg (1982). This is the last stage of primary growth phase and found during pre spawning period in T2 and in the spent ovaries in T2 treatments. There is a definite correlation between the diets fed with and without vitamin mineral supplementation as diets without vitamin mineral supplementation resulted in comparatively less basophilic ooplasm in T1 and T2 treatments in the development of oocytes.
Secondary growth stage

Cortical alveolar stage

The most characteristic feature of this stage was the formation of large number of unstained vacuoles in the periphery of ooplasm (Fig. 3). The vacuolization may be due to the fact that lipid contents dissolved in paraffin during processing of tissue samples for histological procedures. There was increase in size of oocyte and nucleus with abundance of darkly stained nucleoli. It was also observed that the number of cortico alveoli increased with the oocyte size, this gave a spongy appearance to the oocyte. Zona pellucida was seen, for the first time at the stage, between the follicular layer and basement membrane. At higher magnification, it was noted that follicular layer was formed by cubiodal cells which was surrounded by thin theca layer.

Fig. 3: Section of fish ovary in secondary growth phase showing the oocytes in cortical alveolar (CA) and early vitellogenic (EV). [PAS, 100×]

Similar findings have been reported in the ovaries of Sand whiting fish (Jayasankar and Alagarswami, 1994), Dusky grouper (Mandich et al., 2002), Yellowfin seabream (Abou – Seedo et al., 2003), Twaite shad (Pina et al., 2003), the Sword fish (Corriero et al., 2004), Zebra fish (Deniz Koc et al., 2008) and Nile tilapia (El-Saba et al., 2013). This stage was commonly found during pre spawning period in T2 and T4 and during post spawning period in T4 and T6.

Early vitellogenic stage

At this stage the oocyte were characterized by the presence of numerous small yolk granules in the middle of cytoplasm (Fig. 4). Lipid vesicles increased in number and size. The vitellus density of oocyte extended towards the centre from the cortico alveolar region. The zona pellucida appeared to be thicker at the previous stage.
Types of oocytes in Labeo rohita fish

Similar findings were also reported earlier in the ovaries of Sand whiting fish (Jayasankar and Alagarswami, 1994), Dusky grouper (Mandich et al., 2002), Yellowfin seabream (Abou–Seedo et al., 2003), Twaite shad (Pina et al., 2003), the Sword fish (Corriero et al., 2004), Zebra fish (Deniz Koc et al., 2008) and Nile tilapia (El-Saba et al., 2013). The number of yolk granules were more and compactly arranged in T₄ and T₆ during pre spawning period. This may be possible due to impact of increased feeding rates(4% B W) and frequency (twice a day) which was found to have positive effect on growth and development of oocytes.

Late vitellogenic stage

At this stage there was further accumulation of yolk granules in the oocyte that filled the entire ooplasm. The lipid vacuoles were further enlarged by coalescence and located in the periphery of oocyte. The yolk granules also increased in number and size especially in the inner portion. The number and size of these granules increased from centre towards periphery of the oocyte. The appearance of yolk vesicles in the oocyte is an indication of maturation process.

In present study, the yolk granules were of two types. One group was larger in size and was in pale pink in colour and started with the cytoplasm, where as other type of granules were deep blue in colour and were located near the nucleus. The germinal layer was lined by simple cuboidal type of epithelium, which was multilayered at places. The zona pellucida became thicker and was divided into an outer zona pellucida interna and inner zona pellucida externa. The striations were also seen in zona pellucida (Fig. 5). Similar findings were reported in the ovaries of Sand whiting fish (Jayasankar and Alagarswami, 1994), Dusky grouper (Mandich et al., 2002), Yellowfin seabream (Abou–Seedo et al., 2003), Twaite shad (Pina et al., 2003), the Sword fish (Corriero et al., 2004), Zebra fish (Deniz Koc et al., 2008) and Nile tilapia (El-Saba et al., 2013).

Mature follicles (post vitellogenic stage)

This stage was characterized by migration of nucleus towards one side, breakdown of germinal vesicle, ooplasm hydration and complete detachment of the follicular cells (Fig. 7). At this stage, the follicular layers were stretched and became flattened with decreased thickness, whereas the zona pellucida was more compact. Similar findings were reported in the ovaries of Sand whiting fish (Jayasankar and Alagarswami, 1994), Dusky grouper (Mandich et al., 2002), Yellowfin seabream (Abou–Seedo et al., 2003), Twaite shad (Pina et al., 2003), the Sword fish (Corriero et al., 2004), Zebra fish (Deniz Koc et al., 2008) and Nile tilapia (El-Saba et al., 2013). This stage was more prominent in T₄ and T₆ during pre spawning period.
period. Feeding rate (4%) and feeding frequency improves survival and growth rate, net weight gain resulting in improvement of oocyte development absolute fecundity relative fecundity and ova diameter.

**Post ovulatory stage**

These were formed by the collapse of follicles after ovulation and were characterized by a large and irregular follicular lumen occupied by the oocyte. There was hypertrophy of granulosa cells which had a prominent nucleus. The number of blood vessels in the theca layer was increased. The follicular cells proliferated and hypertrophied. At the end, the oocytes were collapsed and replaced by stromal tissue. This stage was more common and abundant in the spent ovaries. Similar findings were reported in the ovaries of *Twaite shad* (Pina et al., 2003), the *Sword fish* (Corriero et al., 2004), Zebrafish (Deniz Koc et al., 2008) and Nile tilapia (El-Saba et al., 2013). Contrary to the present observations, post ovulatory stage could not be observed in the ovaries of *Labeo rohita* by Lone and Hussain (2009). This stage was commonly observed during early stages of post spawning period.

**Atretic Oocytes (Atresia)**

Like vertebrates, atresia is an involutive process occurring in fish ovaries also. In present study, two types of atresia were observed as early and late stages. In early atresia the nucleus became more irregular and basophilic. There was disintegration of zona pellucida and yolk granules (Fig. 7A). Early atresia were observed at all the stages of development of oocytes. At perinucleolar stage (Fig. 7B), first the degenerative changes occurred in the nucleus, then at periphery, but it was reverse in the early and late vitellogenic stages. In late atresia, the follicular epithelium became thicker and separated from oocyte. There was degeneration of yolk and lipid granules which was phagocytized by the hypertrophied granulosa cells invading the degenerated oocyte (Fig. 7B). At perinucleolar stage, the degenerative changes occurred in the nucleus and cytoplasm which were stained lighter due to vacuolation. In late atresia, more degenerative changes were reported and the oocytes showed complete or partial loss of yolk globules. The complete loss of the yolk granules in some of the vitellogenic stage may be due to absorption of yolk in spent ovaries.

**Fig. 6:** Section of ovary showing mature oocytes (M) Post Vitellogenic stage surrounded by epithelium (Epi) with connective tissue stroma (CT) in between. [H&E, 40×]

**Fig. 7:** Section of fish ovary showing (A) Early atresia starting from the peripheral region in late vitellogenic oocytes in T6 ovaries (*asterick), (B) Late atresia in post vitellogenic oocytes in post spawning ovaries of T3 group (*asterick). [H&E, 40×]
Similar findings were reported in the ovaries of Dusky grouper (Mandich et al., 2002), Yellowfin seabream (Abou–Seedo et al., 2003), the Sword fish (Corriero et al., 2004) and Nile tilapia (El-Saba et al., 2013). In the present study, the atretic oocytes were more at all stages of reproduction in fish ovaries, but it was frequently seen in the spent ovaries in T1 and T2 (diets without mineral mixture) According to Guraya (1994), atresia was most frequent during post spawning period in fish. Atresia was mostly seen in the oocyte from secondary growth phase onwards than in the primary growth phase.

CONCLUSION
From the present investigation, it may be inferred that the development of oocytes in Labeo rohita is asynchronous due to the simultaneous presence of all the developmental stages of oocytes in the ovary. It is also concluded that in L. rohita fed on feed with and without vitamin-mineral mixture and having higher feeding rate (4%) and feeding frequency (twice a day), the ovaries contained compactly arranged vitellogenic and mature oocytes, while the spent had mostly in primary growth phase and atretic oocytes.

REFERENCES