

Effect of Slice Thickness on Drying Kinetics of Papaya using Food Dehydrator

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ABSTRACT

In this study, the influence of drying air temperature and slice thickness on drying kinetics has been reported. Papaya was sliced into the different thickness of 3, 5 and 7 mm and drying experiments were performed in the food dehydrator (Ezidri Ultra Fd1000, Hydra flow Industries Limited, Newzealand) at temperatures of 45, 55 and 65 °C. The experimental moisture loss data were fitted to the seven thin layer drying models. Three statistical parameters Coefficient of determination (R^2), reduced- χ^2 and root mean square error (RMSE) was used to test the mathematical models. All the models gave the best fitting results, but the Page Model shows lower RMSE (0.006), reduced- χ^2 (0.314×10^{-4}) and highest R^2 (1.000) value. The effective diffusivity of slices varied from 7.47751×10^{-09} to 5.71×10^{-08} , effective diffusivity increased with increasing temperature and slice thickness. The activation energy of slices varied from 17.323 kJ/mol to 35.100 kJ/mol it is also increased with increasing thickness.

Highlights

- ① Among the entire thin layer drying models Page Model explains good relationship between drying time and moisture content.
- ② The effective diffusivity increased with increasing temperature as well as thickness also.
- ③ The activation energy of slice also increased with increasing thickness.

Keywords: Drying, papaya, modelling, drying kinetics, temperature

Papaya (*Carica papaya* L.) is a common fruit to be found in tropical countries. It is a succulent fruit of the family *Caricaceae*. It is grown in both tropical and subtropical areas. India is the leading papaya producer with a world share of 43.7%, followed by Brazil (11.8%) (NHB data base 2015). The total production of papaya in India during 2013-2014 was 5639300 Mt, out of which Andhra Pradesh contributes 27.4% and Gujarat 21.0% (NHB database 2015). India exports 9922 MT of papaya during 2013-2014, majorly to United Arab Emirates (37.8%) and Saudi Arabia (21.8%) (NHB database 2015).

Papaya is a rich source of antioxidant nutrients, bioflavonoids, minerals, digestive enzyme, and

fibers. Papaya is perishable product because of its high moisture content around 80-85% (Ocoro-Zamora *et al.* 2013). The shelf-life of papaya can be increased by drying in the form of cubes, chips, etc. Drying is the most common method for food preservation due to significant reduction of water activity, physical and chemical changes occurring during storage and microbial activity.

A good understanding of drying kinetics and effect of drying parameters is necessary for the design and control of the drying process to achieve good quality product (Cheenkachorn *et al.* 2012). During drying operation some physical changes occurred like reduction in weight, volume, it leads to decreases

in the transportation cost and storage cost (Saini, 2015; Kothakota *et al.* 2014).

Most of the authors has been worked on drying of papaya in different drying equipment, refractive window drying (Ocoro-Zamora *et al.* 2013), microwave vacuum dryer (Cheenkachorn *et al.* 2012), convective tray dryer (Kurozawa *et al.* 2012), Osmatic drying (El-Aouar *et al.* 2003), pre-treated and dried in fixed-bed- (Nagle, *et al.* 2010), cabinet- (Precoppe, *et al.* 2011), solar tunnel- (Janjai, *et al.* 2009) and solar greenhouse dryers (Janjai, *et al.* 2009^b). No work has been carried out on drying of papaya in a food dehydrator so the objective of the present study was to determine the effect of slice thickness on the drying kinetics of papaya slices using a food dehydrator, to select suitable drying models for describing the drying process of papaya slices, and to the effect of slice thickness on the effective moisture diffusivity and activation energy.

MATERIALS AND METHODS

Preparation of material

Fresh papayas were collected from local market Bapatla, Guntur district, Andhra Pradesh, India. They were washed thoroughly with cold water. The outer skin of cleaned ripen papayas was peeled manually by using a peeler in a hygienic environment. Peeled papayas were sliced into 3 mm, 5 mm and 7 mm thickness.

Food dehydrator

Food dehydrator (Ezidri Ultra Fd1000, Hydra flow Industries Limited, Newzealand) it is used for drying of fruits and fruit rolls, vegetables, herbs, flowers and meats. It consists of 5 trays with one mesh and one solid sheet (Fig. 1).

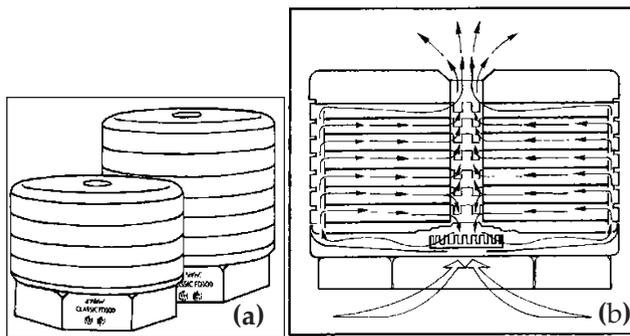


Fig 1: (a) Dryer used in the experiment **(b)** Air flow pattern in dryer

Mesh sheet is used to dry solid materials, fruits, vegetables, flowers and herbs. Solid sheet is used for drying of fruit juices and soups. The number of trays can extend up to 30 and it is designed for 15 kg. Temperature control is by manual ranging from 35-65 °C, the diameter of tray is 390 mm, power consumption is 1000 W. The air flow pattern in the dryer was shown in Fig. 1, air is flow over the food material from the sides to the centre of the dryer.

Drying procedure

Papaya slices were dried in the food dehydrator (Ezidri Ultra Fd 1000, Hydra flow Industries Limited, Newzealand). Initial moisture content of papaya slices was measured by oven drying method (AOAC 1995; Saini 2015). Drying was carried out at three different temperatures of 45, 55 and 65 °C. The weight of sample in trays was recorded at every 30 min interval using digital balance 0.001 g precision. Drying was continued until the moisture content of papaya was reached to 13±2%. All experiments were replicated and the average values of data were reported.

Mathematical modelling

The drying curves were fitted with seven different thin-layer drying models (Table 1). Coefficient of determination (R^2), reduced chi-square (χ^2) and root mean square error (RMSE) were used to evaluate the goodness fit of the models. The highest values of R^2 , lowest values of χ^2 and RMSE were preferred for goodness of fit. These parameters were calculated using Eqn. (2) and (4) as below. In thin-layer drying, the moisture ratio during drying was calculated using Eqn. (1)

$$MR = \frac{M - M_e}{M_o - M_e} \quad \dots(1)$$

Where MR is the dimensionless moisture ratio, M the moisture content (% d.b) at time t, and M_o and M_e are the initial and equilibrium moisture contents respectively, on dry basis. The experimental drying data at three different temperatures were fitted using seven thin layer drying models as listed in Table 1. The non linear regression analysis in the present study was performed using the software Origin 8.5.

Table 1: Empirical thin layer-drying models applied to the drying curves

Sl. No.	Model	Equation	References
1	Newton	MR = exp (-kt)	Ayensu (1997)
2	Page	MR = exp (-kt ⁿ)	Kashaninejad <i>et al.</i> (2007)
3	Henderson and Pabis	MR = a exp (-kt)	Kashaninejad <i>et al.</i> (2007)
4	Logarithmic	MR = a exp(-kt) + c	Torgul <i>et al.</i> (2002)
5	Two term	MR = a exp (-bt) + c exp (-dt)	Wang <i>et al.</i> (2007)
6	Midilli <i>et al.</i>	MR = a exp (-kt ⁿ) + bt	Wang <i>et al.</i> (2007)
7	Diffusion approach	MR = a exp (-kt)+(1-a)exp(-kbt)	Torgul <i>et al.</i> (2002)

$$\chi^2 = \sum_{i=1}^n \frac{(MR_{exp,i} - MR_{pre,i})^2}{N - z} \quad \dots(2)$$

$$\text{Reduced chi-square } (\chi^2) = \frac{\chi^2}{D.F} \quad \dots(3)$$

$$RMSE = \left[\frac{1}{N} \sum_{i=1}^n (MR_{pre,n} - MR_{exp,n})^2 \right]^{1/2} \quad \dots(4)$$

Where, $MR_{exp,i}$ is the i^{th} experimentally observed moisture ratio, $MR_{pre,i}$ is the i^{th} predicted moisture ratio, N is the number of observations and Z is the number of constants in models.

Calculation of Effective diffusivity

Fick's second law of diffusion equation was used to analyse the drying data in the falling rate period. Crank (1975) developed solution to this equation, and the form of Eqn. (5) can be applicable for slab geometry by assuming uniform initial moisture distribution, constant diffusivity and negligible shrinkage.

$$MR = \frac{8}{\pi^2} \sum_{n=0}^{\infty} \frac{1}{(2n+1)^2} \exp\left(\frac{-(2n+1)^2 \pi^2 D_{eff} t}{4L^2}\right) \quad \dots(5)$$

Where, D_{eff} is the effective diffusivity (m^2/s), L is the half thickness of the slab in samples (m), and n is positive integer. Eqn. (5) could be further simplified to a straight line equation as,

$$\ln(MR) = \ln\left(\frac{8}{\pi^2}\right) - \pi^2 \frac{D_{eff}}{4L^2} t \quad \dots(6)$$

Effective diffusivities are normally determined by plotting experimental drying data in terms of ln (MR) versus time. From Eqn. (6) a plot of ln (MR)

versus time gives a straight line with a slope of k_2 . The effective diffusivity is calculated from the slope.

$$k_2 = \frac{\pi^2 D_{eff}}{4L^2} \quad \dots(7)$$

Calculation of activation energy

The dependence of D_{eff} can be described by Arrhenius type of relationship (Naveen *et al.* 2015; Kongdej 2011) as given by the equation.

$$D_{eff} = D_o \exp\left(-\frac{E_a}{R(T+273.15)}\right) \quad \dots(8)$$

where D_o is the pre-exponential factor of Arrhenius equation (m^2/s), E_a is the activation energy (kJ/mol), T is the temperature of drying air ($^{\circ}C$) and R is the gas constant (kJ/mol K). The activation energy (E_a) was calculated from the slope of the plot on $\ln(D_{eff})$ versus $1/(T+273.15)$.

RESULTS AND DISCUSSION

Effect of drying temperature and slice thickness on drying rate

Effect of drying temperature on the drying rate at different thickness of the sample was shown in Fig 2. The rate of moisture loss was more at $65^{\circ}C$ drying temperature as compared to the $55^{\circ}C$ and $45^{\circ}C$. This was due to the increased energy of water molecules when the temperature was increased, as the evaporation of water molecules from the sample occurred more quickly (Kongdej 2011). The similar results were obtained with the previous work carried out on bananas (Nguyen and Price 2007), guava and papaya (Hawlder *et al.* 2006). There was an initial transient state at the beginning

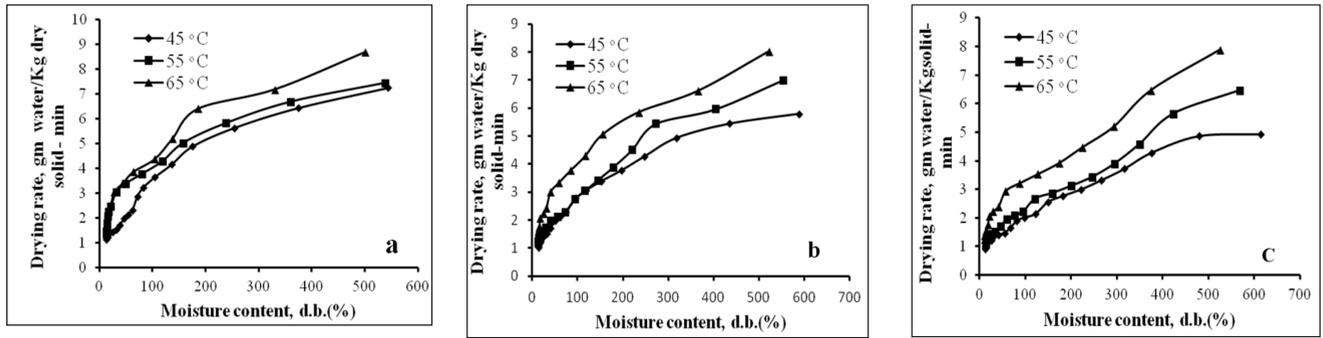


Fig. 2: Effect of drying temperature on drying rate of papaya slices at constant thickness (a) 3 mm, (b) 5 mm and (c) 7 mm

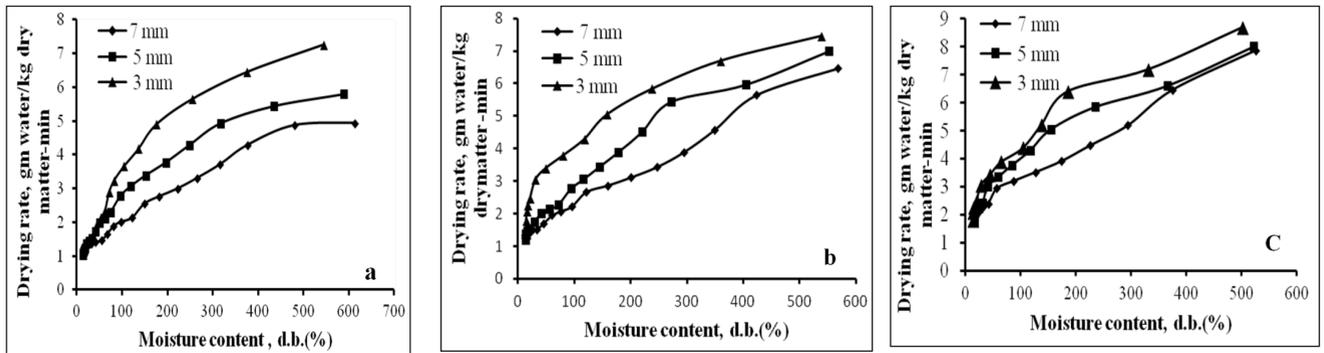


Fig. 3: Effect of slice thickness on drying rate at constant drying temperature (a) 45 °C, (b) 55 °C and (c) 65 °C

of the drying process, where fresh papaya slices at ambient needed some time to reach the set drying temperature before drying started and then drying rate increased. There was only the falling-rate period and no constant rate period was observed during the drying process. The frequency of falling-rate period proved that diffusion had pre-dominantly governed the moisture movement in the samples (Bakshi and Singh 1980). This observation was in agreement with previous work on bananas (Nguyen and Price 2007), guava and papaya (Hawlder *et al.* 2006). It was also observed that the drying rate decreased continuously with decreasing moisture content or increasing drying time. This was due to the migration of moisture to the surface and the evaporation rate from surface to air slowed down with decreasing the moisture in the product.

Effect of slice thickness on the drying rate at different drying temperatures was shown in Fig 3. It shows that drying time increased with increasing thickness of papaya slices. The greater sample thickness required a longer drying time due to the increased distance travelled by moisture to the surface (Kongdej 2011). The 3 mm slice thickness had more drying rate when compared to 5 mm and

7 mm thickness with gradual falling rate period. This was due to low evaporation rate of moisture transfer from the surface to heated air and the reduced distance for the moisture travels in thinly slices (Siok *et al.* 2013). The drying times recorded at different drying temperatures for different thickness samples were shown in Table 2.

Evaluation of Mathematical models

Thin layer drying models namely, Newton, Page, Henderson and Pabis, Logarithmic, Two term, Midilli *et al.* and Diffusion approach was fitted to the experimental drying data (Table 1). The mathematical model constants and statistical parameters (R^2 , RMSE and reduced- χ^2) for different thickness of papaya slices dried at different temperatures were shown Table 3-5. The statistical results reported that all the drying models gave the best relation between MR and drying time.

The maximum R^2 (1.00) value, minimum RMSE (0.006) value and minimum value of reduced- χ^2 (0.314×10^{-4}) were found in Page model. For all models the R^2 value was more than the 0.994, which indicates that all the drying models could satisfactorily describe the air drying of different thickness of papaya slices.

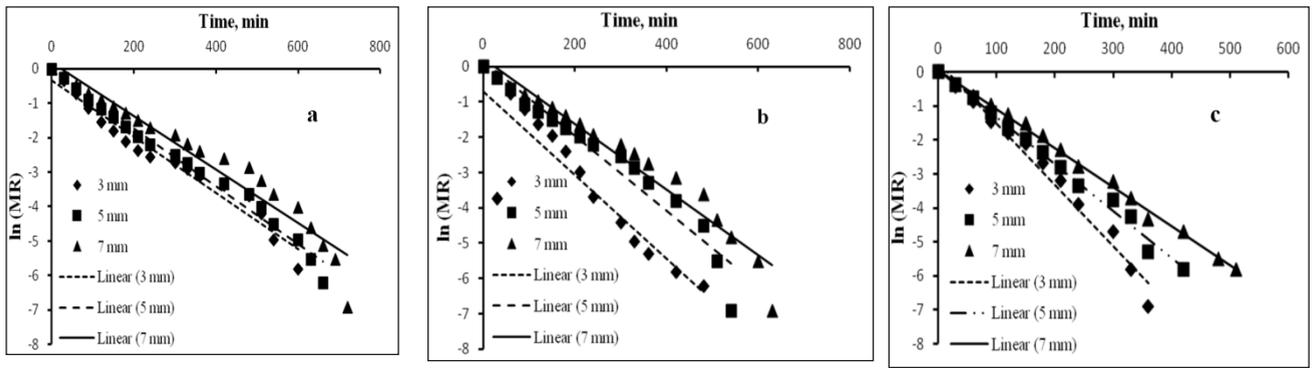


Fig. 4: Plot between $\ln(MR)$ versus drying time at different drying temperatures (a) 45 °C, (b) 55 °C and (c) 65 °C

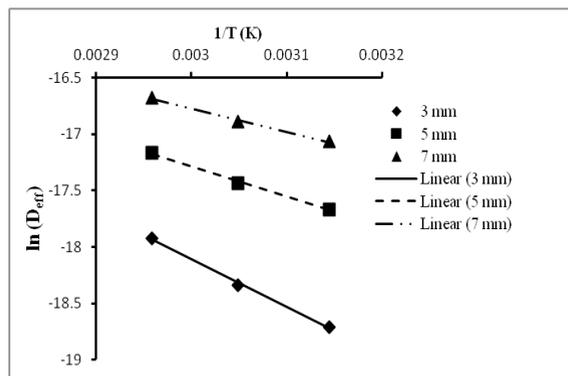


Fig. 5: Variation of effective diffusivity as a function of drying temperature for different slice thicknesses

Table 2: Effect of drying temperature and thickness of papaya on drying time

Temperature, °C	Average drying time, minutes		
	Thickness, mm		
	3 mm	5 mm	7 mm
45	630	690	780
55	510	600	660
65	420	480	540

Effect of drying temperature and slice thickness on diffusivity

The effective diffusivity of papaya slices at different drying temperatures was calculated by plotting graph between $\ln MR$ and time, it is illustrated in Fig. 4. The effective diffusivity of different thickness of papaya at different temperatures was illustrated in Table 6. It can be observed that the effective diffusivity increased with increasing drying temperature and slice thickness. This similar results were reported for pumpkin slices (Kongdej 2011), tender pal shoots (Naveen *et al.* 2015), and carrot (Doymaz 2004).

Effect of slice thickness on activation energy

The activation energy of different thickness of papaya samples were obtained from the slope of the plot between $\ln(D_{eff})$ versus $1/(T + 273.15)$, it is shown in Fig. 5. The activation energy of papaya slices was 17.323 kJ/mol (3 mm), 22.160 kJ/mol (5 mm) and 35.100 kJ/mol (7 mm). It is obvious that the activation energy values increased with increasing slice thickness, showing the sensitivity of D_{eff} values to the slice thickness. Similar results are reported for pumpkin slices (Kongdej, 2011).

CONCLUSION

Drying kinetics of papaya slices were investigated in a food dehydrator at different drying temperatures 45 °C, 55 °C and 65 °C. Drying of papaya slices in the falling rate period like most food products. All the mathematical models gave the best relationship between moisture ratio and drying time. The Page model gave higher R^2 and lower RMSE and reduced- χ^2 values among all models. The value of effective diffusivity ranges from 7.47751×10^{-09} to 5.71×10^{-08} . The effective diffusivity increased with

**Table 3:** Results of statistical analyses on the modelling of the moisture content and drying time at 45 °C drying temperature

Model No.	Thickness mm	Model constants	Reduced- $\chi^2 \times 10^{-4}$	R ²	RMSE
1	3	k = 0.012	3.940	0.995	0.020
	5	k = 0.009	1.370	0.998	0.012
	7	k = 0.007	2.700	0.997	0.016
2	3	k = 0.016; n = 0.937	3.530	0.996	0.019
	5	k = 0.011; n = 0.962	1.160	0.999	0.011
	7	k = 0.011; n = 0.911	1.060	0.999	0.010
3	3	k = 0.996; a = 0.996	4.170	0.995	0.020
	5	k = 0.997; a = 0.997	1.440	0.998	0.012
	7	k = 0.978; a = 0.978	2.450	0.997	0.016
4	3	a = 110.978; b = 0.012; c = -109.820; d = 0.012	4.770	0.995	0.020
	5	a = 111.005; b = 0.009; c = -110.008; d = 0.009	1.620	0.998	0.012
	7	a = 111.023; b = 0.007; c = -110.045; d = 0.007	2.720	0.997	0.016
5	3	k = 0.013; a = 0.985; c = 0.021	2.110	0.996	0.019
	5	k = 0.010; a = 0.992; c = 0.010	1.010	0.999	0.011
	7	k = 0.007; a = 0.974; c = 0.010	2.230	0.999	0.010
6	3	k = 0.003; a = 0.092; b = 4.301	1.540	0.995	0.020
	5	k = 0.009; a = 0.640; b = 0.998	1.530	0.998	0.012
	7	k = 0.007; a = 1.000; b = 1.000	3.000	0.997	0.016
7	3	k = 0.014; n = 0.968; a = 1.006; b = 3.078 $\times 10^{-05}$	2.920	0.995	0.020
	5	k = 0.011; n = 0.965; a = 1.007; b = 9.995 $\times 10^{-06}$	1.120	0.998	0.012
	7	k = 0.013; n = 0.890; a = 1.008; b = -9.526 $\times 10^{-06}$	1.050	0.997	0.016

Table 4: Results of statistical analyses on the modelling of the moisture content and drying time at 55 °C drying temperature

Mode No.	Thickness, mm	Model constants	Reduced- $\chi^2 \times 10^{-4}$	R ²	RMSE
1	3	k = 0.013	1.180	0.999	0.011
	5	k = 0.010	4.070	0.995	0.020
	7	k = 0.008	4.940	0.994	0.022
2	3	k = 0.009; n = 1.079	0.314	1.000	0.006
	5	k = 0.017; n = 0.893	1.920	0.998	0.014
	7	k = 0.015; n = 0.875	1.590	0.998	0.013
3	3	k = 1.014; a = 1.014	1.080	0.999	0.010
	5	k = 0.980; a = 0.980	4.000	0.995	0.020
	7	k = 0.961; a = 0.961	3.840	0.995	0.020
4	3	a = 111.003; b = 0.010; c = -109.995; d = 0.010	0.679	0.999	0.011
	5	a = 110.989; b = 0.010; c = -110.008; d = 0.010	4.610	0.995	0.020
	7	a = 111.003; b = 0.008; c = -110.042; d = 0.008	4.350	0.994	0.022
5	3	k = 0.013; a = 1.09; c = -0.007	0.946	1.000	0.006
	5	k = 0.011; a = 0.973; c = 0.015	3.360	0.998	0.014
	7	k = 0.008; a = 0.958; c = 0.005	3.980	0.998	0.013
6	3	k = 0.011; a = 1.000; b = 1.000	27.800	0.999	0.010
	5	k = 0.007; a = 0.538; b = 2.486	1.440	0.995	0.020
	7	k = 0.008; a = 1.000; b = 1.000	5.700	0.995	0.020
7	3	k = 0.009; n = 1.078; a = 1.001; b = -4.176 $\times 10^{-07}$	0.370	0.999	0.011
	5	k = 0.018; n = 0.885; a = 1.006; b = -2.631 $\times 10^{-06}$	2.180	0.995	0.020
	7	k = 0.018; n = 0.839; a = 1.000; b = -3.212 $\times 10^{-05}$	1.030	0.994	0.022

Table 5: Results of statistical analyses on the modelling of the moisture content and drying time at 65 °C drying temperature

Mode No.	Thickness, mm	Model constants	Reduced- $\chi^2 \times 10^{-4}$	R ²	RMSE
1	3	k = 0.015	1.420	0.998	0.012
	5	k = 0.013	0.577	0.999	0.008
	7	k = 0.011	2.450	0.997	0.016
2	3	k = 0.013; n = 1.035	1.360	0.999	0.012
	5	k = 0.011; n = 1.031	0.467	1.000	0.007
	7	k = 0.016; n = 0.926	1.530	0.998	0.012
3	3	k = 1.006; a = 1.006	1.510	0.999	0.012
	5	k = 1.005; a = 1.005	0.595	0.999	0.008
	7	k = 0.979; a = 0.979	2.210	0.998	0.015
4	3	a = 110.977; b = 0.013; c = -109.973; d = 0.013	1.760	0.998	0.012
	5	a = 110.937; b = 0.011; c = -109.933; d = 0.011	0.653	0.999	0.008
	7	a = 110.982; b = 0.011; c = -110.003; d = 0.011	2.580	0.997	0.016
5	3	k = 0.015; a = 1.008; c = -0.004	1.600	0.999	0.012
	5	k = 0.013; a = 1.007; c = -0.002	0.635	1.000	0.007
	7	k = 0.011; a = 0.980; c = -0.001	2.380	0.998	0.012
6	3	k = 0.014; a = 1.000; b = 1.000	5.180	0.999	0.012
	5	k = 0.012; a = 1.000; b = 1.000	8.000	0.999	0.008
	7	k = 0.011; a = 42.420; b = 1.000	2.830	0.998	0.015
7	3	k = 0.013; n = 1.031; a = 1.001; b = -2.632 $\times 10^{-06}$	1.660	0.998	0.012
	5	k = 0.011; n = 1.034; a = 1.000; b = 3.712 $\times 10^{-06}$	0.552	0.999	0.008
	7	k = 0.017; n = 0.907; a = 0.997; b = -2.324 $\times 10^{-05}$	1.390	0.997	0.016

Table 6: Effect of drying temperature and slice thickness on effective diffusivity

Temperature, °C	Effective diffusivity, m ² /s		
	3 mm	5 mm	7 mm
45	7.47751 $\times 10^{-09}$	2.12775 $\times 10^{-08}$	3.87 $\times 10^{-08}$
55	1.08515 $\times 10^{-08}$	2.68501 $\times 10^{-08}$	4.62 $\times 10^{-08}$
65	1.6414 $\times 10^{-08}$	3.49558 $\times 10^{-08}$	5.71 $\times 10^{-08}$

increasing drying temperature and slice thickness. Activation energy also increased with increasing slices thickness and varied from 17.323 kJ/mol to 35.100 kJ/mol.

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