

RESEARCH PAPER

Effect of Different Drying Methods and Packaging Materials on Quality Parameters of Stored Beetroot Slices

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ABSTRACT

In this paper beetroot slices dried by two different methods, i.e. microwave convection drying (60°C) and the convective hot air drying (70°C) was taken after being packed in polythene bags and aluminium laminated bags for storage study up to three months (90 days). The effect of different drying methods on quality parameters i.e. acidity, pH, TSS, reducing sugar, and colour (*L*, *a* and *b*) of the stored product were evaluated. The quality parameters were tested at fifteen days intervals. Among two packaging materials, aluminium coated bags was found best for beetroot slices storage up to three months as compared with polythene bags. Deterioration occurred as changes in acidity, lightness, and redness over the storage period from the 0th to the 3th month. However, the TSS and *b* value increased as storage duration extended.

Keywords: Beetroot slices, storage, drying methods, packaging materials, quality evaluation

Beetroot (*Beta vulgaris* L.) is botanically classified as an herbaceous biennial from chenopodiaceae family and has several varieties with bulb colours ranging from yellow to red (Singh *et al.* 2014). It is commonly known as 'chukander', is mainly cultivated in India for its juice and vegetable value. It is ranked among the 10 most powerful vegetable with respect to antioxidant capacity described to total phenolic content of 50-60 µmol/dry weight (Kahkonen *et al.* 1999; Vinson *et al.* 1998). The plant consists of roots and rosette of leaves. The sugar is formed by photosynthesis in the leaves and then stored in the roots. The main source of natural red dye, known as beetroot red (Ninfali and Angelina, 2013).

Beetroot are rich in valuable, active compounds such as carotenoids (Dias *et al.* 2009), betacyanines (Patkai., 1997), folates (Jastrabova *et al.* 2003), betanin, polyphenols and flavonoides (Vali *et al.* 2007).

Therefore beetroot ingestion can be considered a factor in cancer prevention (Kapadia *et al.* 1996).

Beetroot is popularly consumed as red food colorants, e.g. to improve colour of tomato paste, sauces, dessert, jam and jellies, ice-cream, sweet and cereals, (Kaur and Singh, 2014). The beetroot being an alkaline food with pH from 7.5 to 8.0 has been acclaimed for its health benefits, in particular for its disease fighting antioxidant potential, significant amount of vitamin C and vitamin B₁, B₂, niacin, B₆, B₁₂ (Singh *et al.* 2013). Juice of beetroot is also consumed as a natural remedy for sexual weakness and to expel the kidney and bladder stones (Sharma *et al.* 2014). Extract of root possesses antihypertensive, hypoglycaemic, antioxidant

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(Ninfali and Angelina, 2013), anti-inflammatory and hepato-protective activities (Singh *et al.* 2013; Jain *et al.* 2011; Kujala *et al.* 2000). The claimed therapeutic use of beetroot includes its antitumor, carminative, emmenagogue and haemostatic and renal protective properties and is potential herb used in cardiovascular condition (Vali *et al.* 2007). Beetroot is an excellent source of foliate and a good source of manganese (USDA nutritional database, 2014). It is beneficial for digestive problems, such as constipation, for the skeletal system and a good circulation of blood. (Profir *et al.* 2013).

Dried beetroots can be consumed directly in the form of chips as a substitute of traditional snacks that are rich in tran's fatty acid (Aro *et al.* 1998; Krejcova *et al.* 2007) or after easy preparation as a component of instant food. Red beetroot powder as a natural red food colorant offers application in dry mixes (soups, Indian curry mixes), sweets, jam, jellies etc the bright red colour of beetroot is owing to a group of red pigments known as betalains. Betalains are antioxidants and having profound health benefits.

India ranks second in fruits and vegetables production in the world, after China. India produced 81.285 million metric tonnes of fruits and 162.19 million metric tonnes of vegetables in 2012-2013 (APEDA, 2014). As fruits and vegetables contain high moisture in it, they are perishable at atmospheric conditions. Preservation of fruits and vegetables can overcome this problem. Drying is one of the oldest methods of processing and preserving food for later use. It is a complex operation involving heat and mass transfer which may cause change in food quality (Maskan *et al.* 2002). The major objective in drying agricultural product is the reduction of the moisture content to a level, which allows safe storage over an extended period (Ibrahim D. 2004a) and its availability in off season. Packaging provides the correct environmental conditions for food during the length of time it is stored and/or distributed to the consumer. Good package must keep the product clean and provide a barrier against dirt and other contaminants. The packaging must be of good quality, strong enough to withstand the shocks and loadings encountered

during transport or mechanical handling. Packaging must be properly constructed and closed so as to prevent any loss of contents that might be caused under normal conditions of transport, by vibration, or by changes in temperature, humidity or pressure (Pavithra, 2008). Polypropylene is resistant to a wide variety of acids, alkalis and solvent solutions with a temperature range up to 200°F (CE plastic, 2012).

Packaging is a means of providing the correct environmental conditions for food during storage and the choice of materials for packaging depends on the nature of the product, storage duration and handling conditions (temperature, humidity, risk of physical deterioration) and other environmental factors (Daramola *et al.* 2010). However, these methods could not improve the shelf-life and fully also led to jeopardize the flavor and texture of the product. The Low density polyethylene (LDPE) is widely used to package in small scale industries. The polythene pouches and aluminum coated pouches are the popularly used packaging material for storage of processed food products. It is easily available and low cost packaging material which can store the food material for 2-4 months.

The present study investigates the effect of different packaging material on quality of beetroot slices. Beetroot slices were stored for three months in two different packaging material viz. Low Density Polythene (LDPE) and Aluminum laminated bags. The present study was undertaken to determine the effect of packaging treatment and storage duration on quality parameter, sensory attributes and microbial count of dried beetroot slices.

MATERIALS AND METHODS

Drying of beetroot slices by convective hot air drying

Tray drying of beetroot slices was performed at Department of Post Harvest Engineering, Post Graduate Institute of Post Harvest Management, Killa-Roha. The drying was carried out in the tray dryer (Make M/s. Aditi Associates, India; Model: ATD-124) having capacity of 5 kW. There were nine numbers of trays inside the trays dryer. The size

of the tray was 81cm × 41cm × 3.4 cm. the beetroot slices were dried in thin layer drying. The slices were spread on the tray in single layer. The mesh (square) size of the tray was 1x1 mm. The temperature of the drying was 70°C. The air velocity inside the dryer was 2-3 m/s. The drying was carried out from an initial moisture content 669.89±2.13 to final moisture content 6.94±0.36 (%db) in 7 hours.

Drying of beetroot slices by microwave-convection drying

The drying was carried out in the Microwave convective batch dryer (Make M/s. Twin Engineering, Vadodara, Gujarat; Model: TW/CMDRY/2/17-18) having capacity of 3 kW with maximum output of 625W at 2450MHz and drying chamber having dimensions 900 mm × 900 mm × 600 mm (*L* × *W* × *H*). The dryer had the capability of convective temperature adjustment at fixed power (wattage) adjustment.

The temperature of the microwave convective dryer kept as 60°C temperature and the microwave power

was kept constant at 50W. The ON and OFF time of the magnetron was adjusted at 20 sec ON and 40 sec OFF respectively. Drying was carried out from an initial moisture content 669.89±2.13 to final moisture content 6.51±0.01 in 34 minutes.

Packaging and storage study of dried beetroot slices by convective hot air and microwave convection drying method

The best treatment of convective hot air drying and microwave convection drying obtained after drying at 70°C and 60°C was used for the packaging and storage study. 150 g of dried beetroot powder prepared as discussed above was taken in two different packaging material at each dried by tray and microwave-convection drying i.e. polythene and aluminum laminated pouches. The details of the packaging material are given in Table 1. Fig. 1 (a) and 1 (b) shows the packaging material i.e. polythene and aluminum laminated pouches used for packaging and storage of dried beetroot slices for 3 months duration. 150 g of dried beetroot slices sample was filled separately in polythene and aluminum



(a)



(b)

Fig. 1: Packaging material used for packaging of dried beetroot powder (a) Aluminium laminated pouch
(b) Polythene pouch

laminated pouches and sealed properly. These packets were kept at ambient temperature up to 8 weeks. The stored samples were analyzed at every 15 days interval up to 3 months. The observations for the sensory analysis, The observation of acidity, pH, reducing sugar, TSS and total sugar etc of the stored product were determined as per procedure explained at after 0, 15, 30, 45, 60, 75 and 90 days of storage, i.e. total no. of samples for all the trials were, 7 duration $\times$ 2 packaging material $\times$ 3 replication = 42 samples of dried beetroot slices were kept for storage study. The sensory analysis i.e. colour, flavor, texture and taste for the stored samples were determined for each storage duration i. e. 0, 15, 30, 45, 60, 75 and 90 days.

Table 1: Specifications of packaging material for storage of beetroot slices

Sl. No.	Packaging material	Size	Gauge	Capacity
1	Polythene pouches	15 cm $\times$ 9 cm	393	150 g
2	Aluminium laminated pouches	13 cm $\times$ 9 cm	157	150 g

Quality analysis of beetroot slices before and after drying

1. Moisture content

The moisture content of dried and stored beetroot slices was determined as per AOAC, 2010. Initial moisture content of beetroot slices was calculated by the hot air oven at 105 °C $\pm$ 1 °C for 24 hours. The final weight of beetroot slices were recorded after 24 hours. The moisture content of the beetroot slices was determined by following formula (Chakraverty, 1994).

$$\text{Moisture content (db) \%} = \frac{W_1 - W_2}{W_2} \times 100 \quad \dots(1)$$

Where,

W_1 = Weight of sample before drying, g

W_2 = Weight of sample after drying, g

2. Total soluble solids

Total soluble solids of dried and stored beetroot slices was determined by using Refractometer (M/s. Atago, Japan) and the values were corrected at 20°C. The equipment was calibrated with distilled water and the TSS of the beetroot juice before drying and slices powder after drying was determined by adding the 5 g sample in to the 20 ml of distilled water and TSS were measured by hand refractometer. The experiments were replicated three times.

3. pH

pH of dried and stored beetroot slices was measured using digital pH meter. The digital pH meter is firstly calibrated by using 4 pH and 7 pH buffer solution. The electrode was washed with distilled water and blot led with tissue paper. 10 ml of beetroot slice and dried slices powder was taken in beaker, then the tip of electrode and temperature probe was then submerge in to the sample. The pH reading display on the primary LCD and temperature on secondary one. The experiments were replicated three times.

4. Titratable acidity

The titratable acidity of dried and stored beetroot slices was determined as per procedure reported in Ranganna (1997). A known quantity of sample was blended in mortar and pestle with 20-25 ml distilled water. It was then transferred to 100 ml volumetric flask, made up the volume and filtered. A known volume of aliquot (10ml) was titrated against 0.1N sodium hydroxide (NaOH) solution using phenolphthalein as an indicator (Ranganna, 1997). The acidity was calculated as given below and the results were expressed as percent anhydrous citric acid. The three replication were carried out and the average reading was reported.

$$\text{Titratable acidity (\%)} = \frac{N \times T \times E}{W \times V \times 1000} \times 100 \quad \dots(2)$$

Where,

N = normality of alkali

T = titrate reading

E = equivalent mass of acid, g

W = weight of the sample, g

V = total volume of the sample, g

5. Reducing sugars

The reducing sugars of dried and stored beetroot slices was estimated by using Lane and Eynon Method with modifications suggested by Ranganna (1997). A known weight of beetroot slices were crushed with distilled water using lead acetate (45%) for precipitation of extraneous material and potassium oxalate (22%) to de-lead the solution. This lead free extract was used to estimate reducing sugars titrating against standard Fehling mixture (Fehling 'A' and 'B' in equal proportion) using methylene blue as an indicator to brick red end point. The three replication were carried out and the average reading was reported.

Reducing sugar % =

$$\frac{100}{\text{Burette reading}} \times \frac{\text{Volume prepared}}{\text{Initial volume}} \times \text{GV of Fehling's solution} \quad \dots(3)$$

Where,

GV = Glucose value

6. Total sugars

Total sugars was of dried and stored beetroot slices estimated was by same procedure of reducing sugar after acid hydrolysis of an aliquot of delead sample with 50 percent of hydrochloric acid followed by neutralization with sodium hydroxide (40%) and calculated as below (Eq. 14). The experiment was repeated three times to get the replication.

Total sugar (%) =

$$\frac{\text{Factor} \times \text{Dilution}}{\text{Titre reading} \times \text{Weight of sample}} \times 100 \quad \dots(4)$$

7. Colour

The dried grounded Beetroot slices was used to

measure the colour value by using colorimeter (Konica minolta, Japan model-Meter CR-400). The equipment was calibrated against standard white tile and black tile. Around 20 g dried beetroot slices powder was taken in the glass cup, the cup was placed on the aperture of the instrument. The colour was recorded in terms of L = lightness (100) to darkness (0); a = Redness (+60) to Greenness (-60); b = yellowness (+60) to blueness (-60).

Sensory analysis

The sensory attribute of dried dehydrated beetroot slices packed in polythene and aluminium laminated pouches was determined for each storage period 0, 15, 30, 45 and 60 days with trained panelists as per nine point hedonic scale. The Panelists were trained for the product testing and were familiar with product sensory evaluation. The dehydrated beetroot slices powder samples were placed into plastic plate. The beetroot slices packed in polythene and aluminium laminated pouches were coded as A and B for evaluation of sensory parameter i.e. colour, flavor, texture and taste attributes. The rating was based on nine-point hedonic scales. 09 scales for colour, 9 scales for flavor attribute 09 scales for texture attribute and 09 scales for taste. The attribute were summed up for total score 36 for each panelist for each treatment. The average score for total 14 panelists have been reported. The data were analyzed statistically for the significance of each attributes by ANOVA.

Microbial analysis

The microbial analysis of dried beetroot slices packed in polythene and aluminium laminated pouches was determined for storage period of 30, 60 and 90 days i.e. after one month interval as per the procedure of APHA (1992). The beetroot slice samples were analyzed for standard plate counts (SPC) and yeast and mould counts (YMC) using nutrient agar medium and potato dextrose agar medium (Himedia Laboratories Pvt. Ltd. Bombay). The sample was crushed finely in mortar and pestle. 1g of sample was mixed thoroughly in 10 ml autoclaved distilled water and mixed thoroughly by vortexing. Serial dilutions

from the above suspension were prepared up to 10^{-6} . 1 ml serially diluted sample was plated by pour plate technique on nutrient agar (for total viable count), Potato Dextrose Agar (for yeast and mold count). All plates were incubated at 37°C for 24-48 hrs. After 24-48 hours of incubation the plates were observed for typical colonies of each microorganism and colonies were counted with the help of colony counter. The results were recorded as CFU/gm methods prescribed by Bureau of Indian Standards, (1999).

Formula for calculating CFU/g;

$$CFU = \frac{\text{Average plate count} \times \text{Dilution}}{\text{Weight of sample}} \quad \dots(5)$$

1. Statistical analysis

Statistical analysis was performed using Factorial completely randomized design (FCRD) for stored sample properties like acidity, pH, reducing sugar, TSS and total sugar etc, sensory attributes i.e. colour, flavor, texture and taste and microbial analysis packed in polythene and aluminium laminated pouches for 0, 15, 30, 45, 60, 75 and 90 days was carried out by Microsoft Excel 2007.

Table 2: Treatment combinations of beetroot slices for storage study

Sl. No.	Drying methods	Packaging materials	Combinations
1	Tray Drying	Polythene	T_1P_1
2	Microwave-convection drying	Aluminium Coated Bags	T_2P_1
3	Tray Drying	Aluminium Coated Bags	T_1P_2
4	Microwave drying	Polythene	T_2P_2

RESULTS AND DISCUSSION

Storage study of dried beetroot slices in different packaging materials

1. Acidity

Fig. 2 shows the effect of storage duration and packaging material on acidity of dried beetroot

slices by different methods. In all treatments, highest acidity percentage was observed at 0th month. As storage period increased acidity decreased in the dried beetroot slices. Fig. 2 shows the effect of storage duration (0, 15, 30, 45, 60, 75 and 90 days) and packaging material on acidity of dried beetroot slices by convective drying and microwave convective drying. In all the treatments the acidity decreases as storage duration increases from 0 days to 90 days. The acidity varies in the range of 0.031 to 0.162 %. For T_1P_1 acidity decreases from 0.162 to 0.074 %, for T_1P_2 the acidity decreases from 0.167 to 0.043 %, for T_2P_1 acidity decreases from 0.105 to 0.031 % and for T_2P_2 the acidity decreases from 0.093 to 0.033 %. This decrease in titratable acidity was observed for dried apple powder which was stored for 6 months, dried of banana powder stored for 4 months and dried kokum rind which was stored up to 9 months by the scientist Sharma and Kaushal, 2013; Sahoo *et al.* 2015 and Hande *et al.* 2014 respectively.

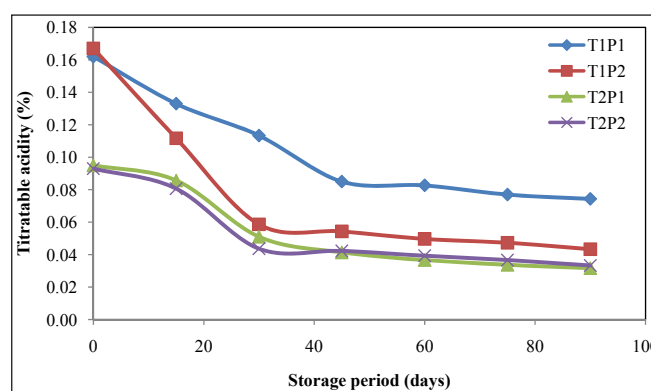


Fig. 2: Effect of storage duration on acidity of beetroot slices packed in different packaging materials

Table 3 shows the retention of acidity during storage of beetroot slices during 0 to 90 days by various packaging material. Effect of packaging material on acidity indicated that better retention of acidity (45.88%) was observed in T_1P_1 polythene material (beetroot slices dried by convective hot air drying) followed by treatment T_2P_2 (35.727 %) aluminium material (beetroot slices dried by microwave convective drying). Table 3 shows the ANOVA of change in acidity w.r.t. packaging material, storage duration and their interaction. From Table

Table 3: f-test for determination of effect of storage life on acidity of dried beetroot slices packed in different packaging

Treatments	Storage duration (days)								Retention %
	0 days	15 days	30 days	45 days	60 days	75 days	90 days	Average	
T ₁ P ₁	0.162±0.032	0.133±0.006	0.113±0.014	0.085±0.002	0.082±0.001	0.077±0.001	0.074±0.004	0.103	45.884
T ₁ P ₂	0.167±0	0.111±0.003	0.058±0.001	0.054±0.001	0.049±0.001	0.047±0.001	0.043±0.001	0.076	25.948
T ₂ P ₁	0.095±0.003	0.085±0.003	0.051±0.008	0.041±0	0.036±0.008	0.03±0	0.031±0	0.053	33.193
T ₂ P ₂	0.093±0.002	0.080±0.005	0.043±0.003	0.042±0	0.039±0	0.036±0.001	0.033±0.001	0.052	35.727
Mean	0.129	0.102	0.066	0.055	0.052	0.048	0.045	0.071	
	SE _m				CD _{at 1%}				
Treatment (T)	0.0016				0.0061				
Storage (S)	0.0021				0.0080				
Interaction (T×S)	0.0042				0.0159				

3, it indicates that effect of drying methods and packaging material on acidity was significant at $p \leq 0.01$. Similarly, the effect of storage duration on acidity was significant at $p \leq 0.01$. The interaction effect of both drying methods, packaging material and storage duration has significant effect on the acidity at $p \leq 0.01$.

2. pH

Fig. 3 shows the effect of storage duration and different packaging materials on pH of dried beetroot slices by different drying methods i.e. tray and microwave convection drying. There was not any specific trend observed in the pH value of beetroot slices during storage. The increase in pH was observed in tray and microwave convectively dried beetroot slices packed in both polythene pouches and aluminium pouches respectively. The lowest pH was observed at 0 days storage. Fig. 3 shows the effect of storage duration (0, 15, 30, 45, 60, 75 and 90 days) and packaging material on pH of dried beetroot slices by convective drying and microwave convective drying. In all the treatments the acidity increases as storage duration increases from 0 days to 90 days. The pH varies in the range of 4.6 to 6.966 For T₁P₁ pH increases from 5.27 to 6.066, for T₁P₂ the pH increases from 5.27 to 6.8, for T₂P₁ acidity pH increases from 5.23 to 6.9 and for T₂P₂ the pH increases from 5.23 to 6.966. Table 4 shows the retention of pH during storage of beetroot slices during 0 to 90 days by various packaging material. Effect of packaging material on pH indicated that better retention of pH (86.81%) was observed in

T₁P₁ polythene material (beetroot slices dried by convective hot air drying) followed by treatment T₂P₂ (75.11 %) aluminium material (beetroot slices dried by microwave convective drying). Table 4 shows the ANOVA of change in pH w.r.t packaging material, storage duration and their interaction. From Table 4, it indicates that effect of drying methods and packaging material on pH was significant at $p \leq 0.01$. Similarly, the effect of storage duration on acidity was significant at $p \leq 0.01$. The interaction effect of drying methods, packaging material and storage duration has significant effect on the pH at $p \leq 0.01$. This increase in pH was observed for dried date juice concentrate which was stored for 6 months, dried of banana powder stored for 4 months and dried jackfruit bulb powder which was stored up to 12 months by the scientist; Kulkarni *et al.* 2010; Sahoo *et al.* 2015 and Swami *et al.* 2016 respectively.

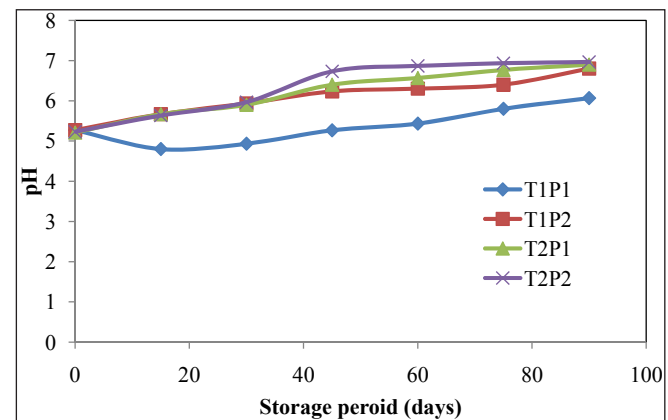
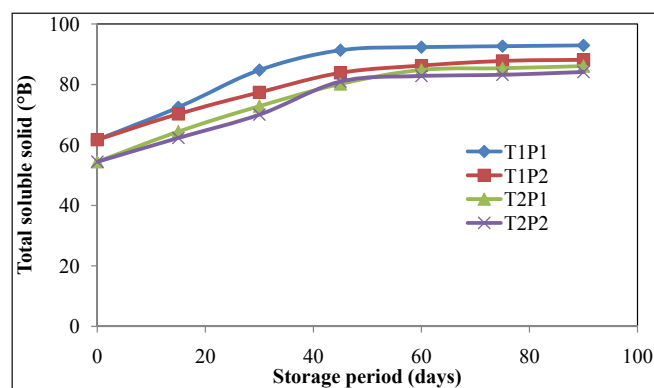
**Fig. 3:** Effect of storage duration on pH of beetroot slices packed in different packaging materials

Table 4: f – test for determination of effect of storage life on pH of dried beetroot slices packed in different packaging materials

Treatments	Storage duration (days)								Retention %
	0 days	15 days	30 days	45 days	60 days	75 days	90 days	Average	
T ₁ P ₁	5.27±0.264	4.80±0.2	4.93±0.057	5.27±0.115	5.43±0.378	5.80±0.1	6.07±0.152	5.37	86.81209
T ₁ P ₂	5.27±0.152	5.67±0.115	5.93±0.577	6.23±0.152	6.30±0.1	6.40±0.1	6.80±0.1	6.09	74.45
T ₂ P ₁	5.21±0.1	5.67±0.057	5.90±0.1	6.40±0.1	6.57±0.057	6.77±0.152	6.90±0.1	6.20	75.50725
T ₂ P ₂	5.23±0.152	5.63±0.057	5.97±0.057	6.73±0.115	6.87±0.057	6.93±0.057	6.97±0.057	6.33	75.11962
Mean	5.24	5.44	5.68	6.16	6.29	6.48	6.68	6.00	
	SE _m				CD _{at 1%}				
Treatment (T)	0.0297				0.1137				
Storage (S)	0.03934				0.1504				
Interaction (T×S)	0.07868				0.29670				

3. TSS

Fig. 4 shows the effect of storage duration and packaging material on TSS of beetroot slices dried with tray (at 70°C) and microwave (at 60°C) drying methods. As the storage period increased, TSS also increased in the dried beetroot slices. Fig.4 shows the effect of storage duration (0, 15, 30, 45, 60, 75 and 90 days) and packaging material on TSS of dried beetroot slices by convective drying and microwave convective drying. In all the treatments the TSS increases as storage duration increases from 0 days to 90 days.


Fig. 4: Effect of storage duration on TSS of beetroot slices packed in different packaging materials

The TSS varies in the range of 54.43 to 92.93 °B. For T₁P₁ TSS increases from 61.73 to 92.93 °B, for T₁P₂ the TSS increases from 61.73 to 88.17 °B, for T₂P₁ acidity TSS increases from 54.43 to 86.07 °B and for T₂P₂ the TSS increases from 54.43 to 84.13 °B. Table 4 shows the retention of TSS during storage of beetroot slices

during 0 to 90 days by various packaging material. Effect of packaging material on TSS indicated that better retention of TSS (66.42%) was observed in T₁P₁ polythene material (beetroot slices dried by convective hot air drying) followed by treatment T₁P₂ (70.01 %) aluminium material (beetroot slices dried by convective hot air drying). Table 5 shows the ANOVA of change in TSS w.r.t packaging material, storage duration and their interaction. From Table 5, it indicates that effect of drying methods and packaging material on TSS was significant at $p \leq 0.01$. Similarly, the effect of storage duration on TSS was significant at $p \leq 0.01$. The interaction effect of both drying methods, packaging material and storage duration has significant effect on the TSS at $p \leq 0.01$. This increase in total soluble solids was observed for apple ring which was stored for 5 months, dried of banana powder stored for 4 months and dried date juice concentrate which was stored for 6 months by the scientist Rizzalo *et al.* 2011; Sahoo *et al.* 2015 and Kulkarni *et al.* 2010 respectively.

4. Reducing sugar

Fig. 5 shows effect of storage duration and packaging materials on reducing sugar (%) of beetroot slices dried by tray and microwave convection drying. Fig.5 shows the effect of storage duration (0, 15, 30, 45, 60, 75 and 90 days) and packaging material on reducing sugar of dried beetroot slices by convective drying and microwave convective drying. In all the treatments the reducing sugar decreases as storage duration increases from 0 days to 90 days. The reducing sugar

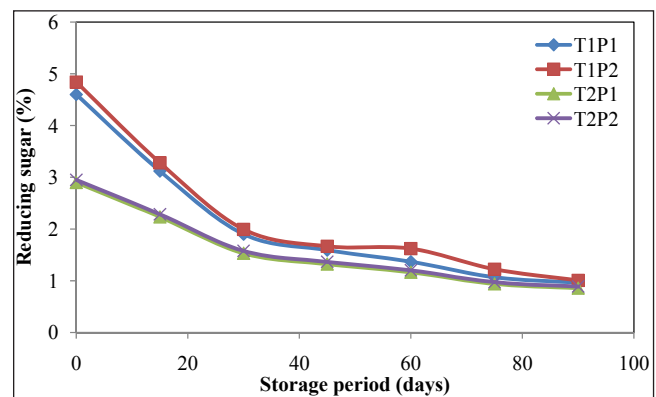
Table 5: f-test for determination of effect of storage life on TSS of dried beetroot slices packed in different packaging materials

Treatments	Storage duration (days)								Retention %
	0 days	15 days	30 days	45 days	60 days	75 days	90 days	Average	
T ₁ P ₁	61.73±1.616	72.47±0.416	84.77±0.802	91.33±0.230	92.33±0.404	92.67±0.611	92.93±0.450	84.03	66.427
T ₁ P ₂	61.73±2.433	70.27±0.832	77.40±0.6	83.87±0.832	86.27±1.006	87.80±0.2	88.17±0.305	79.36	70.018
T ₂ P ₁	54.43±1.222	64.43±0.404	72.83±0.750	80.17±0.208	84.80±0.3	85.37±0.850	86.07±0.378	75.44	63.245
T ₂ P ₂	54.43±0.802	62.33±0.808	70.03±1.429	80.97±1.594	82.80±0.4	83.20±0.4	84.13±0.351	73.99	64.698
Mean	58.08	67.38	76.26	84.08	86.55	87.26	87.83	78.20	
	SE _m				CD _{at 1%}				
Treatment (T)	0.1959				0.7495				
Storage (S)	0.2592				0.9915				
Interaction (T×S)	0.51850				1.95529				

Table 6: f- test for effect of storage life on reducing sugar of dried beetroot slices packed in different packaging materials

Treatment	Storage duration (days)								Retention %
	0 days	15 days	30 days	45 days	60 days	75 days	90 days	Average	
T ₁ P ₁	4.60±0.103	3.12±0.070	1.90±0.036	1.59±0.026	1.36±0.022	1.067±0.016	0.961±0.014	2.088	20.868
T ₁ P ₂	4.84±0.037	3.28±0.058	1.99±0.052	1.66±0.047	1.62±0.324	1.222±0.181	1.006±0.032	2.233	20.764
T ₂ P ₁	2.90±0.024	2.23±0.022	1.53±0.018	1.32±0.016	1.16±0.014	0.938±0.012	0.856±0.011	1.563	29.522
T ₂ P ₂	2.95±0.28	2.28±0.016	1.57±0.010	1.36±0.008	1.20±0.010	0.972±0.009	0.888±0.007	1.606	30.118
Mean	3.82	2.72	1.75	1.48	1.33	1.05	0.92	1.87	
	SE _m				CD _{at 1%}				
Treatment (T)	0.017066				0.065273				
Storage (S)	0.022576				0.086347				
Interaction (T×S)	0.045153				0.170272				

varies in the range of 0.88 to 4.84 %. For T₁P₁ reducing sugar decreases from 4.60 to 0.961%, for T₁P₂ the reducing sugar decreases from 4.84 to 1.006 %, for T₂P₁ reducing sugar decreases from 2.90 to 0.856 % and for T₂P₂ the reducing sugar decreases from 2.95 to 0.888 %. Table 6 shows the retention of reducing sugar during storage of beetroot slices during 0 to 90 days by various packaging material. Effect of packaging material on reducing sugar indicated that better retention of reducing sugar (29.522%) was observed in T₂P₁ polythene material (beetroot slices dried by microwave convective drying) followed by treatment T₂P₂ (30.118 %) aluminium material (beetroot slices dried by microwave convective drying). Table 6 shows the ANOVA of change in reducing sugar (%) w.r.t packaging material, storage duration and their interaction.

**Fig. 5:** Effect of storage duration on reducing sugar of beetroot slices packed in different packaging materials

From Table 6, it indicates that effect of drying methods and packaging material on reducing sugar (%) was significant at $p \leq 0.01$. Similarly, the effect of storage duration on reducing sugar (%) was significant at

$p \leq 0.01$. The interaction effect of both drying methods, packaging material and storage duration has significant effect on the reducing sugar (%) at $p \leq 0.01$. This decrease in reducing sugar was observed for dried banana powder stored for 4 months, dried date juice concentrate which was stored for 6 months, dried jackfruit bulb powder which was stored up to 12 months and dried bael powder which was stored up to 6 months by the scientist Sahoo *et al.* 2015, Kulkarni *et al.* 2010, Swami *et al.* 2016 and Sagar and Kumar, 2015 respectively.

5. Total sugar

Fig. 6 shows effect of storage duration and packaging materials on total sugar (%) of beetroot slices dried by tray drying (at 70°C) and microwave convective drying (at 60°C) method.

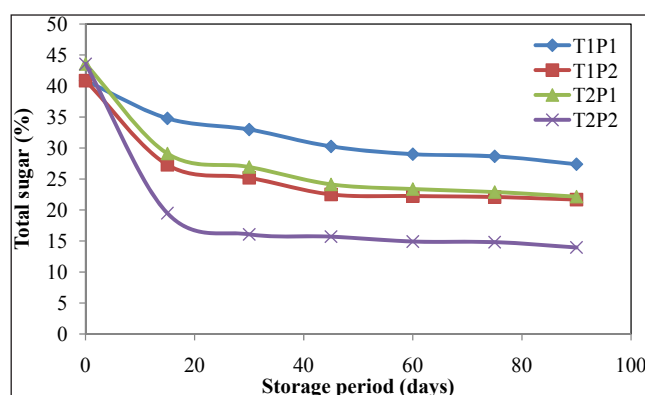


Fig. 6: Effect of storage duration on total sugar of beetroot slices packed in different packaging materials

Fig. 6 shows the effect of storage duration (0, 15, 30, 45, 60, 75 and 90 days) and packaging material on total sugar of dried beetroot slices by convective drying and microwave convective drying. In all the treatments the total sugar decreases as storage duration increases from 0 days to 90 days. The total sugar varies in the range of 43.55 to 13.96 %. For T₁P₁ total sugar decreases from 40.86 to 27.39%, for T₁P₂ the total sugar decreases from 40.86 to 21.67 %, for T₂P₁ total sugar decreases from 43.55 to 22.14 % and for T₂P₂ the total sugar decreases from 43.55 to 13.96%.

Table 7 shows the retention of total sugar during storage of beetroot slices during 0 to 90 days by various packaging material. Effect of packaging material on total sugar indicated that better retention of total sugar (67.03%) was observed in T₁P₁ polythene material (beetroot slices dried by convective hot air drying) followed by treatment T₁P₂ (53.05 %) aluminium material (beetroot slices dried by convective hot air drying). Table 7 shows the ANOVA of change in total sugar (%) w.r.t packaging material, storage duration and their interaction. From Table 7, it indicates that effect of drying methods and packaging material on total sugar (%) was significant at $p \leq 0.01$. Similarly, the effect of storage duration on total sugar (%) was significant at $p \leq 0.01$. The interaction effect of both drying methods, packaging material and storage duration has significant effect on the total sugar (%) at $p \leq 0.01$. This decrease in total sugar was observed for dried banana powder stored for 4 months,

Table 7: f- test for effect of storage life on total sugar of dried beetroot slices packed in different packaging materials

Treatment	Storage duration (days)							Retention %
	0 days	15 days	30 days	45 days	60 days	75 days	90 days	
T ₁ P ₁	40.86±0.0796	34.78±0.396	32.98±0.383	30.25±0.187	29.00±0.168	28.66±0.135	27.39±0.781	31.990
T ₁ P ₂	40.86±0.520	27.28±0.120	25.20±0.529	22.51±0.113	22.25±0.083	22.11±0.051	21.67±0.225	25.984
T ₂ P ₁	43.55±0.330	29.10±0.580	26.93±0.859	24.12±0.095	23.37±0.181	22.89±0.360	22.14±0.049	27.447
T ₂ P ₂	43.55±0.657	19.48±0.240	16.08±0.087	15.70±0.498	14.91±0.035	14.81±0.106	13.96±0.13	19.786
Mean	42.20	27.66	25.29	23.149	22.38	22.11	21.29	26.302
		SE _m			CD _{at 1%}			
Treatment (T)		0.5343			2.0435			
Storage (S)		0.7068			2.7034			
Interaction (T×S)		1.41367			5.33097			

dried date juice concentrate which was stored for 6 months, dried jackfruit bulb powder which was stored up to 12 months and dried bael powder which was stored up to 6 months by the scientist Sahoo *et al.* 2015, Kulkarni *et al.* 2010, Swami *et al.* 2016 and Sagar and Kumar, 2015 respectively.

6. Colour- L

Fig. 7 shows the effect of storage duration and packaging materials on colour-L of dried beetroot slices by tray (at 70°C) and microwave convection (at 60°C) drying methods. In all treatments, highest L value was observed at the 0th month. As storage period increased darkness increased in the dried beetroot slices.

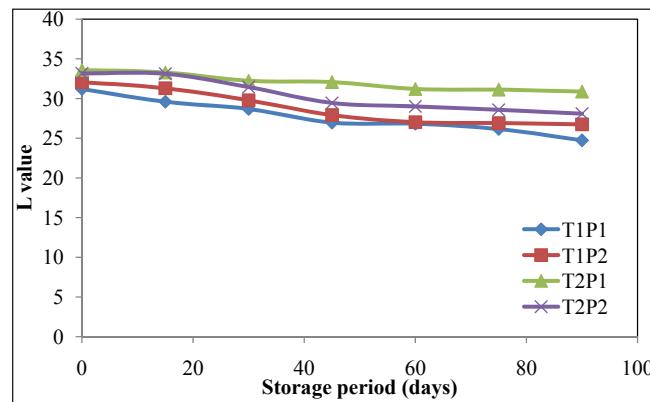


Fig. 7: Effect of storage duration on colour value L of beetroot slices

Fig. 7 shows the effect of storage duration (0, 15, 30, 45, 60, 75 and 90 days) and packaging material

on L value of dried beetroot slices by convective drying and microwave convective drying. In all the treatments the L value decreases as storage duration increases from 0 days to 90 days. The L value varies in the range of 33.59 to 24.74. For T₁P₁ L value decreases from 31.20 to 24.74, for T₁P₂ the L value decreases from 32.06 to 26.74, for T₂P₁ L value decreases from 33.59 to 30.87 and for T₂P₂ the L value decreases from 33.17 to 28.09. Table 8 shows the retention of L value during storage of beetroot slices during 0 to 90 days by various packaging material. Effect of packaging material on L value indicated that better retention of L value (91.89%) was observed in T₂P₁ polythene material (beetroot slices dried by microwave convective drying) followed by treatment T₂P₂ (84.67 %) aluminium material (beetroot slices dried by microwave convective drying). Table 8 shows the ANOVA of change in L value w.r.t packaging material, storage duration and their interaction. From Table 8, it indicates that effect of drying methods and packaging material on L value was significant at $p \leq 0.01$. Similarly, the effect of storage duration on L value was significant at $p \leq 0.01$. The interaction effect of both drying methods, packaging material and storage duration has significant effect on the L value at $p \leq 0.01$. This decrease in colour L was observed by (Hande *et al.* 2014) for dried kokum rind which was stored for 9 months.

7. Colour- a

Fig. 8 shows the effect of storage duration and

Table 8: f- test for colour-L value of dried beetroot slices packed in different packaging materials

Treatments	Storage duration (days)							Retention %
	0 days	15 days	30 days	45 days	60 days	75 days	90 days	
T ₁ P ₁	31.20±0.533	29.59±0.015	28.69±0	26.96±0.170	26.82±0.32	26.16±0.490	24.74±1.005	27.86
T ₁ P ₂	32.06±0.619	31.29±0.032	29.77±0.005	27.91±0	27.01±0.025	26.91±0.026	26.74±0.026	28.82
T ₂ P ₁	33.59±0.140	33.28±0	32.23±0.005	32.07±0.036	31.2±0.04	31.11±0.005	30.87±0.015	32.05
T ₂ P ₂	33.17±0.068	33.12±0.055	31.45±0.026	29.44±0.011	29.01±0.005	28.58±0.597	28.09±0.060	30.47
Mean	32.82	31.82	30.53	29.09	28.51	28.19	27.61	32.8283
	SE _m					CD _{at 1%}		
Treatment (T)	0.0631					0.2416		
Storage (S)	0.0835					0.3196		
Interaction (T×S)	0.1671					0.63041		

packaging materials on colour-*a* of dried beetroot slices by tray (at 70°C) and microwave convection (at 60°C) drying methods. In all treatments, highest redness value was observed at the 0th month. As storage period increased, redness decreased in the dried beetroot slices.

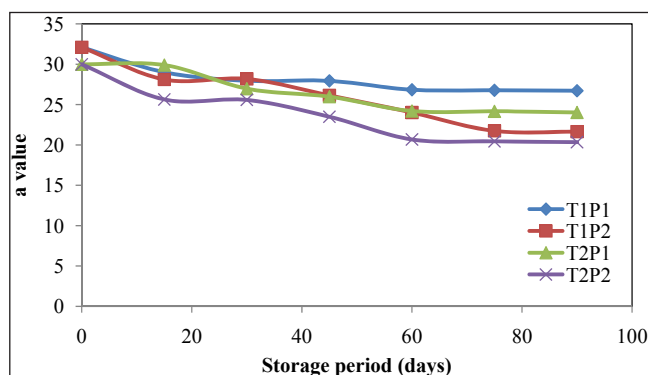


Fig. 8: Effect of storage duration on colour value *a* of beetroot slices

Fig. 8 shows the effect of storage duration (0, 15, 30, 45, 60, 75 and 90 days) and packaging material on *a* value of dried beetroot slices by convective drying and microwave convective drying. In all the treatments the *a* value decreases as storage duration increases from 0 days to 90 days. The *a* value varies in the range of 32.1 to 20.35. For T₁P₁ *a* value decreases from 32.1 to 26.72, for T₁P₂ the *a* value decreases from 32.1 to 21.64, for T₂P₁ *a* value decreases from 29.99 to 24.03 and for T₂P₂ the *a* value

decreases from 29.99 to 20.34. Table 9 shows the retention of a value during storage of beetroot slices during 0 to 90 days by various packaging material. Effect of packaging material on *a* value indicated that better retention of *a* value (83.25%) was observed in T₁P₁ polythene material (beetroot slices dried by convective hot air drying) followed by treatment T₂P₁ (80.12 %) polythene material (beetroot slices dried by microwave convective drying). Table 9 shows the ANOVA of change in *a* value w.r.t packaging material, storage duration and their interaction. From Table 9, it indicates that effect of drying methods and packaging material on redness value was significant at $p \leq 0.01$. Similarly, the effect of storage duration on redness value was significant at $p \leq 0.01$. The interaction effect of both drying methods, packaging material and storage duration has significant effect on the redness value at $p \leq 0.01$. This decrease in redness value of colour was observed by (Hande *et al.* 2014) for dried kokum rind which was stored for 9 months.

8. Colour- b

Fig. 9 shows the effect of storage duration and packaging materials on yellowness of dried beetroot slices by tray drying (at 70°C) and microwave convective drying (at 60°C) methods. In all treatments, lowest yellowness value was observed at the 0th month. As storage period increased, yellowness increased in the dried beetroot slices.

Table 9: f- test for colour-*a* value of dried beetroot slices packed in different packaging materials

Treatment	Storage duration (days)								Retention %
	0 days	15 days	30 days	45 days	60 days	75 days	90 days	Average	
T ₁ P ₁	32.10±0.02	29.02±0.410	27.95±0.011	27.94±0.107	26.84±0.02	26.78±0.005	26.72±0.015	28.19	83.25026
T ₁ P ₂	32.10±0.025	28.11±0.020	28.19±0.056	26.15±0.025	24.02±0.087	21.74±0.047	21.65±0.060	25.99	67.4351
T ₂ P ₁	29.99±0	29.90±0.020	26.97±0.020	25.98±0.040	24.20±0.056	24.17±0.045	24.03±0.043	26.46	80.12671
T ₂ P ₂	29.99±0.030	25.64±0.015	25.58±0.04	23.49±0.040	20.68±0.034	20.45±0.066	20.35±0.094	23.74	67.84484
Mean	31.05	28.17	27.17	25.89	23.94	23.29	23.19	25.27	
	SE _m				CD _{at 1%}				
Treatment (T)	0.0196				0.0753				
Storage (S)	0.026				0.0996				
Interaction (T×S)	0.052118				0.196537				

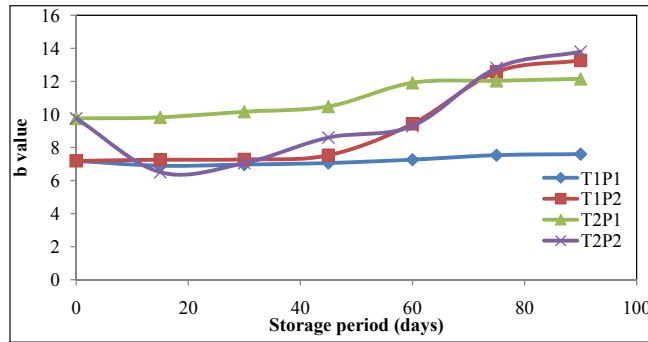


Fig. 9: Effect of storage duration on colour value *b* of beetroot slices

Fig. 9 shows the effect of storage duration (0, 15, 30, 45, 60, 75 and 90 days) and packaging material on *b* value of dried beetroot slices by convective drying and microwave convective drying. In all the treatments the *b* value increases as storage duration increases from 0 days to 90 days. The *b* value varies in the range of 7.19 to 13.80. For T_1P_1 a value increases from 7.19 to 7.60, for T_1P_2 the *a* value increases from 7.19 to 13.27, for T_2P_1 a value increases from 9.76 to 12.75 and for T_2P_2 the *a* value increases from 9.76 to 13.80. Table 10 shows the retention of *b* value during storage of beetroot slices during 0 to 90 days by various packaging material. Effect of packaging material on *a* value indicated that better retention of *b* value (94.69%) was observed in T_1P_1 polythene material (beetroot slices dried by convective hot air drying) followed by treatment T_2P_1 (80.30 %) polythene material (beetroot slices dried by microwave convective drying). Table 9 shows

the ANOVA of change in *a* value w.r.t packaging material, storage duration and their interaction. From Table 10, it indicates that effect of drying methods and packaging material on yellowness value was significant at $p \leq 0.01$. Similarly, the effect of storage duration on yellowness value was significant at $p \leq 0.01$. The interaction effect of both drying methods, packaging material and storage duration has significant effect on the yellowness value at $p \leq 0.01$. This increase in colour *b* was observed by (Hande *et al.* 2014) for dried kokum rind which was stored for 9 months.

Yeast and Mould Count

The effect of packaging treatments (polythene pouches and aluminium pouches) and storage duration on microbial characteristics of dried beetroot slices, stored at ambient temperature were recorded. Out of total storage duration i.e. 0, 15, 30, 45, 60, 75 and 90 days, the microbial analysis was carried out after 30 days interval. No yeast and mould growth was detected for analysis of 90 days for both the packaging material i.e. polythene pouches and aluminium pouches. It was seen from Table 11 shows the ANOVA for the effect of packaging treatments and storage duration on yeast and mould count of dried beetroot slices.

No yeast and mould growth was observed during storing of dried banana powder for 4 months and

Table 10: f- test for colour-*b* value of dried beetroot slices packed in different packaging materials

Treatment	Storage duration (days)								Retention %
	0 days	15 days	30 days	45 days	60 days	75 days	90 days	Average	
T_1P_1	7.19±0.045	6.89±0.045	6.97±0.076	7.06±0.025	7.26±0.045	7.53±0.128	7.60±0.167	7.21	94.69065
T_1P_2	7.19±0.015	7.26±0.045	7.28±0	7.53±0.128	9.43±0.026	12.57±0.613	13.27±0.045	9.22	54.20749
T_2P_1	9.76±0.062	9.82±0.045	10.16±0.0335	10.48±0.043	11.91±0.011	12.03±0.068	12.15±0.030	10.90	80.30719
T_2P_2	9.76±0.01	6.51±0.025	7.05±0.035	8.60±0.058	9.30±0.196	12.81±0.280	13.80±0.076	9.69	70.74173
Mean	8.48	7.62	7.87	8.42	9.48	11.24	11.70	9.26	
	SE				CD 1%				
T	0.0319				0.122				
S	0.0422				0.1614				
T×S	0.084417				0.318337				

dried bael powder which was stored up to 6 months by the scientist Sahoo *et al.* 2015 and Sagar and Kumar., 2015 respectively.

Table 11: Effect of packaging material and storage duration of beetroot slices on yeast and mould count

Treatment and packaging material	Microbial count CFU/g		
	30 Days	60 Days	90 days
T ₁ P ₁	Not Detected	Not Detected	Not Detected
T ₁ P ₂	Not Detected	Not Detected	Not Detected
T ₂ P ₁	Not Detected	Not Detected	Not Detected
T ₂ P ₂	Not Detected	Not Detected	Not Detected

Sensory analysis

The data obtained for sensory properties viz. colour, flavour, texture, and taste of dried dehydrated beetroot slices stored for 0, 15, 30, 45, 60, 75 and 90 days as per the nine point hedonic scale determined

by trained panel for two packaging treatment polythene pouches and aluminum pouches are given in Table 12. Sensory analysis was conducted at 15 days interval.

The average scores for dehydrated beetroot slices stored in polythene pouches and aluminum pouches for 0, 15, 30, 45, 60, 75 and 90 days was obtained as shown in Table 12. The highest average sensory score was obtained for treatment T₂P₂ (dried by microwave convection drying and packed in aluminium pouches). The sensory score for colour was 7.68 point, 7.16 point for the flavour, 7.14 point for the texture and 7.21 point for the taste with average score was 7.39 which was highest than the other. From table 12. It can be seen that the overall acceptability of product was 7.39 for the T₂P₂ (beetroot slices dried by microwave drying and packed in the aluminium coated bags).

Table 12: Sensory score of dried beetroot slices packed in polythene and aluminium pouches

Parameter	Source of Variance	Storage duration (days)							
		0 days	15 days	30 days	45 days	60 days	75 days	90 days	Mean
(a) Colour	T ₁ P ₁	7.60±0.080	7.50±0.1	7.11±0.045	7.50±0.1	7.17±0.577	7.10±0.1	6.90±0.1	7.268
	T ₁ P ₂	8.21±0.040	7.57±0.107	8.04±0.155	7.16±0.062	7.01±0.045	6.97±0.05	6.53±0.199	7.355
	T ₂ P ₁	7.77±0.763	7.37±0.251	7.08±0.058	7.49±0.032	7.16±0.04	6.77±0.416	6.40±0.3	7.148
	T ₂ P ₂	8.12±0.049	8.02±0.208	7.30±0.151	7.43±0.040	7.75±0.110	7.87±0.115	7.33±0.152	7.688
	Mean	7.925	7.615	7.3825	7.395	7.2725	7.1775	6.79	7.365
		Treatment		Storage			Interaction (T × S)		
	SE	0.197919		0.261822			0.523644		
	CD _{at 1%}	0.756977		1.001386			1.974671		
Parameter	Source of Variance	Storage duration (days)							
		0 days	15 days	30 days	45 days	60 days	75 days	90 days	Mean
(b) Flavour	T ₁ P ₁	7.37±0.057	7.47±0.057	6.74±0.055	7.12±0.102	6.80±0	7.10±0.2	6.73±0.208	7.047
	T ₁ P ₂	8.03±0.037	7.77±0.030	6.80±0.1	7.13±0.152	7.37±0.251	7.20±0.458	6.80±0.1	7.310
	T ₂ P ₁	7.63±0.125	7.43±0.056	7.03±0.115	7.37±0.251	7.03±0.280	6.80±0.1	6.53±0.112	7.117
	T ₂ P ₂	7.37±0.1	7.47±0.057	6.74±0.264	7.12±0.041	6.80±0.212	7.10±0.07	6.73±0.101	7.047
	Mean	7.7075	7.56	7.0425	7.1975	6.97	6.99	6.705	7.167
		Treatment		Storage			Interaction (T × S)		
	SE	0.035489		0.046947			0.093895		
	CD _{at 1%}	0.135734		0.179559			0.35408		

Parameter	Source of Variance	Storage duration (days)							
		0 days	15 days	30 days	45 days	60 days	75 days	90 days	Mean
(c) Texture	T ₁ P ₁	7.45±0.045	6.75±0.050	6.55±0.050	7.12±0.028	7.20±0.050	7.35±0.050	6.93±0.152	7.050
	T ₁ P ₂	7.70±0.050	7.57±0.041	7.45±0.055	7.67±0.030	6.38±0.026	6.24±0.040	6.43±0.052	7.062
	T ₂ P ₁	7.09±0.073	7.03±0.075	7.17±0.041	7.88±0.025	6.88±0.025	6.62±0.051	6.67±0.037	7.048
	T ₂ P ₂	7.55±0.011	7.25±0.051	7.15±0.373	7.79±0.051	7.30±0.030	7.50±0.313	7.43±0.047	7.424
	Mean	7.4475	7.15	7.08	7.615	6.94	6.9275	6.865	7.146
		Treatment		Storage		Interaction (T × S)			
	SE	0.03588		0.047464		0.094929			
CD _{at 1%}	0.137229		0.181537		0.357979				
Parameter	Source of Variance	Storage duration (days)							
		0 days	15 days	30 days	45 days	60 days	75 days	90 days	Mean
(d) Taste	T ₁ P ₁	7.72±0.041	7.36±0.047	7.07±0.055	7.13±0.041	6.94±0.064	7.25±0.045	6.93±0.173	7.200
	T ₁ P ₂	7.79±0.130	7.40±0.073	7.24±0.047	7.17±0.026	6.87±0.030	6.81±0.045	6.59±0.305	7.124
	T ₂ P ₁	7.59±0.126	7.37±0.049	7.15±0.06	7.73±0.058	6.92±0.075	6.49±0.206	6.43±0.105	7.097
	T ₂ P ₂	7.90±0.280	7.58±0.364	7.26±0.225	7.28±0.404	7.17±0.166	7.56±0.191	7.24±0.126	7.427
	Mean	7.75	7.4275	7.18	7.3275	6.975	7.0275	6.7975	7.212
		Treatment		Storage		Interaction (T × S)			
	SE	0.023785		0.031464		0.062928			
CD _{at 1%}	0.090968		0.12034		0.237302				
Parameter	Source of Variance	Storage duration (days)							
		0 days	15 days	30 days	45 days	60 days	75 days	90 days	Mean
(e) Average score	T ₁ P ₁	7.54	7.27	6.87	7.22	7.03	7.20	6.87	7.141
	T ₁ P ₂	7.93	7.58	7.38	7.28	6.91	6.81	6.59	7.210
	T ₂ P ₁	7.52	7.30	7.11	7.62	7.00	6.67	6.51	7.102
	T ₂ P ₂	7.735	7.58	7.112	7.405	7.255	7.5075	7.182	7.396
	Mean	7.680	7.431	7.117	7.380	7.0468	7.0456	6.787	7.212

CONCLUSION

1. During the storage period from the 0th to the 3th month, acidity, lightness (*L*) and redness (*a*) were found to decrease.
2. During the 3-month storage, TSS and b value increased.
3. Packaging and storage period did not affect pH and reducing sugar significantly ($p \leq 0.01$).
4. During the 3-month storage, lightness (*L*) and redness (*a*) decreased while yellowness (*b*) increased in the beetroot slices packed in the aluminium coated bags and polythene bags.
5. Beetroot slices can be dried by tray and microwave convection method while dried beetroot slices

can be store for 3 months in the aluminium bags packaging material in good condition.

GENERATIVE AI DECLARATION

The author(s) confirm that there was no use of artificial intelligence (AI)-assisted technology for assisting in the writing or editing of the manuscript, and no images were manipulated using AI. The authors developed and verified all scientific content, data analysis, interpretation of results, and conclusions. The authors take full responsibility for the accuracy, integrity, and originality of the work presented, and no AI tool was listed as an author.

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